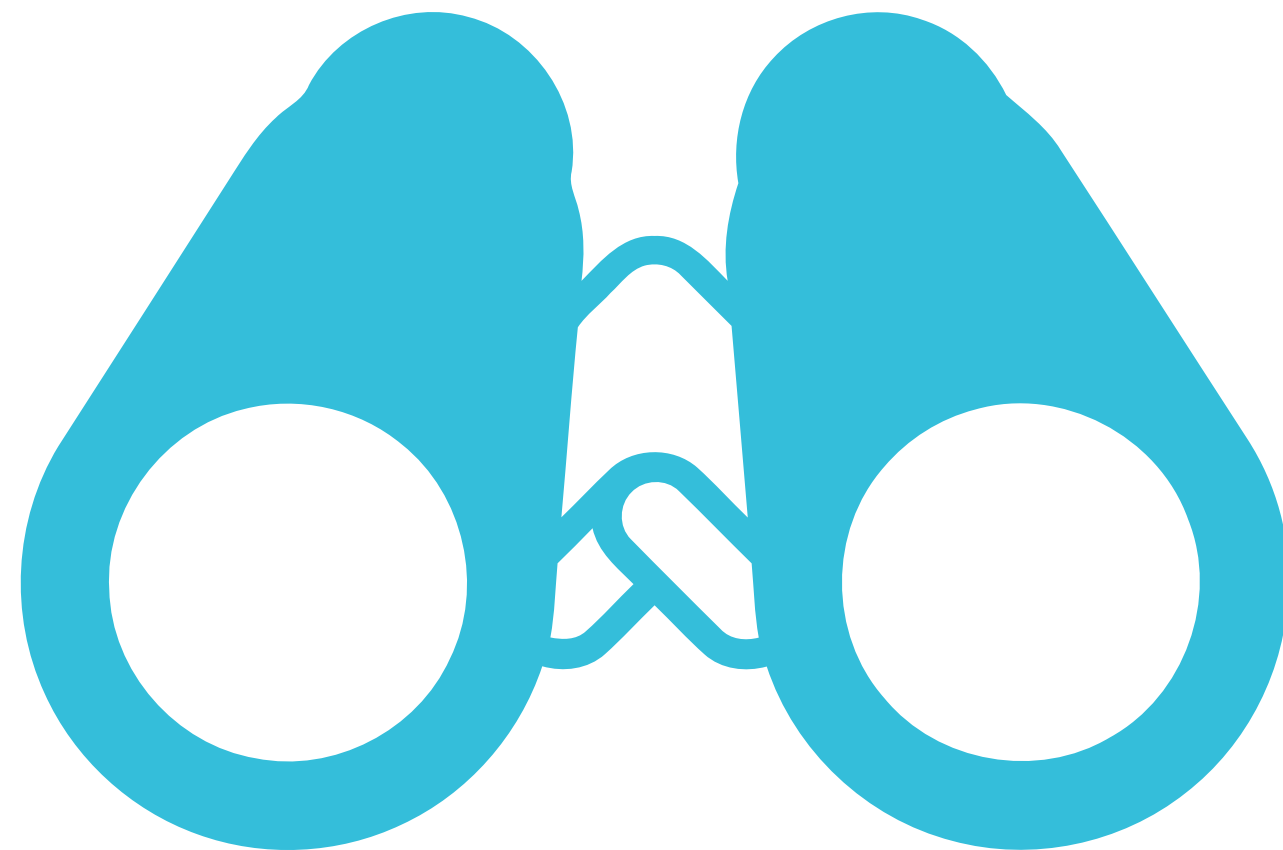


Vision of Life



Vision of life

There are many approaches to writing a vision of life and different recipes for what they should contain. Below are some questions, which are classically dealt with in a vision of life, but which are the important questions is a matter of choice. The most important thing is to address those critical defining values and perspectives that form the basis for your understanding of life, which create the platform that interprets and organizes how you see and understand the world and assign order and meaning to it. Your vision of life is that which defines 'matters of ultimate care'. You may want to consider some of the following questions. We do not recommend that you just use this list "as is". Again, determining which topics are worth covering is part of your Lifeview - so make it your own and write it in a form and style that suits you and your "things of ultimate care"

- Why are we here?
- What is the meaning/purpose of life and death?
 - What is the relationship between the individual and others?
- Where does family, country and the rest of the world fit in?
- What is good, what is evil, are the concepts of good and evil relevant?
- What is the meaning of time, of eternity?
- Is there a higher power, God, or something transcendent, and if so, how does this affect your life? (of course, only deal with this question if it is relevant to your point of view)
- What about joy, sadness, justice, injustice, love, peace, struggle

